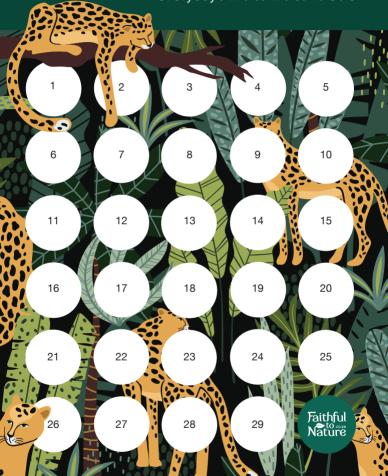
## Habit Tracker

Good/Bad Habit: Date:

everyday / m / t / w / t / f / s / s



"Once you learn to quit, it becomes a habit."

Vince Lombardi